

Beth Cunningham Basketball Camps at VCU
-2010 Application-

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Name _____
 Address _____
 City _____ State _____ Zip _____
 Home phone _____
 Work phone _____
 Email address _____
 Age _____ Date of Birth _____
 Entering grade _____ in fall of 2010
 School _____
 Roommate preference (if applicable): _____

T-shirt size (circle one):
 Adult sizes: S M L XL XXL

Please check the box of the camp you wish to attend:

Individual Skills Camp (June 21-25)
 -Level of Play (circle one)
 Beginner Intermediate Advanced
 -Position of Greatest Interest: Guard Post

Team Camp (July 31-Aug 2)
 -Level of Play (check one): Middle School JV
 Varsity Upper level Varsity

-School/Team you will be playing with: _____
 (*if you do not have a team, write "individual") (For team camp only)

Waiver and Release

I do hereby waive, release and discharge the Beth Cunningham Girls' Basketball Camps and the respective staffs, employees, successors and assigns, of and from any and all rights and claims for damage resulting from injury of my person or property, which may be sustained or suffered by me in connection with my association with or participating in, or arising out of my traveling to or from the Beth Cunningham Girls' Basketball Camps. I agree to the above waiver and release and we join therein.

Parent or Guardian (please print) _____

Parent or Guardian's signature _____

Date _____

THE PROGRAM



Beth Cunningham Girls' Basketball Camp at Virginia Commonwealth University offers quality instruction for every participant. Emphasis is on the development of sound fundamental skills, teamwork, and sportsmanship. Our goal is to have each participant have an outstanding week and gain a better understanding of what it takes to be a complete player.

Instructional sessions and games will take place in the state-of-the-art Stuart C. Siegel Center on the campus of Virginia Commonwealth University. With six full size courts, the spacious Siegel Center provides an excellent venue for players, coaches, and spectators.

Participants are grouped according to age and skill level in order to receive the most efficient instruction. Participants are expected to abide by camp rules at all times. Learn the game of basketball from outstanding and experienced VCU staff, players, current college, and high school coaches. We look forward to working with you!

THE STAFF

Head Coach Beth Cunningham recently completed her 7th year as head coach at Virginia Commonwealth University, and the most successful season in school history. In her time at VCU, she has coached 2 CAA Players of the Year, 1 Defensive Player of the Year, 1 CAA Rookie of the Year, a Freshman All-American, and led the Lady Rams to their first ever appearance in the NCAA Tournament. She was selected to the USA Basketball Collegiate Committee and is currently serving a 4-year term. As a player at the University of Notre Dame, Coach Cunningham was a 2-time All-American and is the school's all-time leading scorer. She also had a 3-year professional career in the American Basketball League and the Women's National Basketball Association and was a member of several USA National Teams including the silver medal team qualifying the United States for the 2000 Olympics.

Coach Cunningham, her assistants, and her camp staff are qualified to give all camp participants the highest level of instruction.

To Register:

Send completed registration form and non-refundable deposit to:
 Beth Cunningham Basketball Camps
 1200 West Broad Street
 Richmond, VA 23284

Make checks payable to: Beth Cunningham Basketball Camp
 Or register online through our link at: www.vcuathletics.com

For more information, please call or e-mail Darren Guensch:
(804) 828-2375 or vcuwbbcamps@vcu.edu

VCU WOMEN'S BASKETBALL



BETH CUNNINGHAM BASKETBALL CAMP 2010

Individual Skills Camp
June 21-25
Team Camp
July 31- August 2



SKILLSCAMP

Special Camp Features

- Individual and small group instruction – campers are grouped by age and skill
- Campers are instructed in the fundamentals of shooting, ball handling, defense, and competitive play
- Certified athletic trainer on duty
- Camp store open daily with refreshments, snacks and VCU gear
- Staffed with VCU Women's Basketball coaches and players

Camp Session & Fee

When: June 21-25, 8:30am-12:30pm
 For: Ages 7-18
 Cost: \$150

*Application must be accompanied by a deposit of \$75 (non-refundable). The remaining balance may be paid at check-in.

Cost includes:

- All instruction
- Camp T-Shirt (if registered by June 7th)
- Accident/Health Insurance
- Camp prizes/awards

Sample Daily Schedule (subject to change)

8:30-8:45 Roll Call/Stretching/Warm-up/Thought of the Day
 8:45-10:00 Stations
 10:00-10:45 Team Competition
 10:45-11:15 Lecture
 11:15-12:30 Games

Check-In/Registration for Skills Camp:
 Monday, June 21st, 8:30-9:00am
 Stuart C. Siegel Center
 1200 West Broad Street
 Richmond, VA 23284



TEAMCAMP

Special Camp Features

- All games refereed by certified officials
- Courts available for team practices
- Instructional topics on motivation, achieving academic success, and NCAA eligibility guidelines and recruiting.
- Opportunity for personalized instruction from Coach Cunningham, her staff, and/or the VCU Rams
- Certified athletic trainer(s) on site 24 hours
- Lunch and dinner in state-of-the-art Shafer Court Dining Hall
- Campers will stay four to a suite in a modern, air-conditioned dormitory on campus. The facility offers 24-hour security and campers are supervised day and night at all sessions as well as in the dormitory.
- Cost also includes camp t-shirt and accident/health insurance.

Camp Session & Fee

When: July 31st-August 2nd
 For: Ages 13-18 (Middle – High School)
 Cost: \$250 per camper (if postmarked by July 12th)
 \$300 if after July 12th
 \$200 per camper for local teams commuting
 *Application must be accompanied by a deposit of \$100 (non-refundable). The remaining balance may be paid at check-in/registration.

Sample Daily Schedule (subject to change)

Saturday, July 31st

10:00-12:00 Check-In at
 Gladding Residence Center
 12:30-12:45 Welcome (Siegel Center)
 1:00-5:00 Games
 5:00-6:30 Dinner
 6:00-10:00 Games
 10:00-10:30 Camp Activity
 11:00 Room Check

Check-In/Registration for Camp:
 Saturday, July 31, 10:00-12:00
 Gladding Residence Center (GRC)
 711 West Main Street
 Richmond, VA 23284

Sunday, August 1st

7:00-8:30 Breakfast
 8:00-12:00 Games
 11:30-1:00 Lunch
 1:00-2:00 Guest Lecture
 2:00-5:00 Games
 5:00-6:30 Dinner
 6:00-9:00 Games
 9:15-10:30 Camp Activity
 11:00 Room Check

Monday, August 2nd

7:00-8:30 Breakfast
 8:00-12:00 Games
 11:00-1:00 Lunch
 1:00-4:00 Games
 3:00-5:00 Check-out

CONSENT FOR MEDICAL TREATMENT OF A MINOR

In order to enable the VCU Health Center of Virginia Commonwealth University and/or other health facilities in Richmond to provide prompt care to your minor son or daughter, we urge you to read and complete this Consent Form. This way we help your child without delay should an emergency occur.

I, _____,
 declare that I am the
 (circle one) Father Mother Guardian
 of (full name of minor) _____

Social Security # _____, a minor, age
 _____ yrs, Born _____

Please provide the following information concerning minor:

Allergic reactions: _____

Present Medication(s) _____

Date of last Tetanus Shot: _____

Any past or present illness or other information that would be useful in the event that treatment is necessary:

Emergency Contact: _____

Relationship to minor: _____

Home Telephone _____

Work Telephone _____

Cell Phone _____

Address _____

Please read, sign, and date the following:

I grant permission to the Director, Assistants, or other persons responsible for his/her care to act on my behalf for said minor in granting permission for evaluation and treatment of medical and psychological problem. I understand that should a major medical or psychological arise, an attempt will be made to notify me by telephone. In the event that I cannot be reached, I hereby give my consent to such treatment as deemed necessary (including surgery, x-ray examinations, and anesthesia to be rendered to said minor by a licensed physician or nurse).

 Date _____

Parent or Guardian's signature

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WHAT TO BRING:

Basketball gear for the week, toiletries, a pillow, and bedding

DO NOT BRING:

Jewelry or other valuables. Beth Cunningham Basketball Camp is not responsible for lost or stolen items.