



LOOKING AHEAD

Wed October 7
 George Washington 6pm
Fri October 9
 UNC Wilmington 7pm
Sat October 10
 Georgia State 7pm
Fri October 16
 William & Mary 8pm



Sign up for the Six Pack VCU Volleyball Club and get a FREE T-Shirt.

www.vcuathletics.com/vb.php

For more information on any article appearing in this newsletter, please contact Laryssa Goncalves, Administrative Assistant, at goncalvesl@vcu.edu.

Get Ready for the Week!

Pre-season recap!

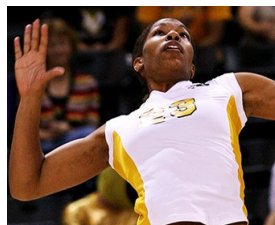
VCU proved to be a contender in its non-conference tournaments and jumped out to a 6-1 record, the school's best in five years. The Rams finished their non-conference slate with an impressive 10-5 record.

In the season-opening Third Degree Sportswear Invitational Aug. 28-29, all-tournament picks **Mariel Frey** and **Lenka Melicharkova** joined teammate and tournament MVP **Kelsie Clegg** to lead the Rams to a 4-0 start.

The weekend of Sept. 4-5, VCU defeated Campbell and North Carolina Central in the Jefferson Cup in Charlottesville, Va. However, the Rams also suffered the first defeat of the season, 3-2, to host Virginia. **Kelsie Clegg** and

Lenka Melicharkova were both named to the all-tournament team for the second straight week.

Sept. 11-12 the team struggled at the Michigan Challenge and dropped contests to Missouri, seventh-ranked Michigan and Morehead State. VCU did claim a 3-1



Kristin Boyd

victory over Fairfield Sept. 11. Redshirt freshman **Kristin Boyd** earned all-tournament team honors for the weekend, the first such award of career.

Sept. 18-19 the Rams traveled to the Maryland Invitational for their final non-

conference weekend. VCU captured two of three matches, including the program's first-ever victory over Maryland and a 3-0 sweep of Howard, behind all-tournament honorees **Ivana Rich** and **Kristin Boyd**.

The Rams have stormed to a 2-1 start in the CAA, defeating William & Mary and James Madison on the road, while falling to George Mason.

Roughly halfway through the 2009 season, VCU Head Coach James Finley has been pleased with his team's effort.

"I've seen our girls improve significantly already, both attitudinally and skill wise," Finley said. "Having a number of our girls make the various all-tournament teams is a great testament to our depth and ability."

COME OUT AND SUPPORT A GREAT CAUSE: DIG FOR PINK NIGHT

The Rams return to the Siegel Center for the first time in six weeks on **Wednesday, Oct. 7 at 6:00 p.m.** when they take on George Washington. THE FIRST 200 STUDENTS WILL RECEIVE A FREE SLICE OF PIZZA. (Gates open at 5:00 p.m.)!!



VCU Volleyball gets the weekend started on **Friday, Oct. 9 at 7:00 p.m.** when the Rams team up for a great cause: **DIG for Pink Night!** VCU will host UNC Wilmington and THE FIRST 200 FANS WILL RECEIVE A FREE VCU RAMS PINK T-SHIRT TO PROMOTE

BREAST CANCER AWARENESS (gates open at 6:00 p.m.)!!
 On Saturday, Oct. 10, the Rams battle Georgia State at 7 p.m. at the Siegel Center.
 VCU's matches with UNCW and Georgia State will also feature **Greek Weekend Competition.**